


























WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 17/02, 10/03, 31/03

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Macaroni Cheese 	Classic Beef Burger Served with Potato Wedges	Chicken Served with Roast Potatoes and Gravy	BBQ Chicken Pizza  Served with Pesto Pasta	Fish Fingers Served with Chips
JACKET POTATO	Cheesy Bean Burrito   	Quorn Burger  Served with Potato Wedges	Roast Quorn  Served with Roast Potatoes and Gravy	Meatless Feast Cheesy Pizza   Served with Pesto Pasta	Crispy Quorn Sub  Served with Chips
JACKET POTATO	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings including Salmon Mayonnaise 	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
<p>Tomato Pasta Fresh, homemade tomato sauce with penne pasta  </p> <p>All main meals are served with two vegetables</p>					
DESSERT	Chocolate and Coconut Sponge	Apple Crumble with Custard 	Rice Pudding with Jam or Chocolate Spread	Flapjack with Fruit 	Chocolate Brownie

AVAILABLE EVERY DAY
Water, salad, freshly baked bread,
yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain
 Fruity!  Nutritionist's Choice

WEEK 2

W/C: 11/11, 02/12, 23/12, 13/01, 03/02, 17/03, 07/04

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Veggie Supreme Pizza Served with Pesto Pasta	Beef Bolognese Served with Wholewheat Pasta	Roast Chicken Served with Roast Potatoes and Gravy	Chicken Tikka Masala Served with Wholegrain Rice	Crispy Chicken Burger Served with Chips
	Vegetable Fajita Served with Wholegrain Rice	Chinese Vegetable Noodles	Winter Vegetable Hotpot Served with Gravy	Macaroni Cheese	Quorn Dippers Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
<p>Tomato Pasta Fresh, homemade tomato sauce with penne pasta </p> <p>All main meals are served with two vegetables</p>					
DESSERT	Vanilla Ice Cream	Apple and Cinnamon Sponge with Custard	Fruits of the Forest Jelly	Orange Glazed Sticky Sponge Pudding with Custard	Chocolate Cookie

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain
 Fruity! Nutritionist's Choice

WEEK 3

W/C: 18/11, 09/12, 30/12, 20/01, 10/02, 03/03, 24/03, 14/04

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOT SPECIALS

Cheese and Tomato Pizza 

Chicken Sausages
Served with Mashed Potato and Gravy

Roast Beef
Served with Roast Potatoes and Gravy

Chicken and Vegetable Korma
 
Served with Wholegrain Rice

Fish Fingers
Served with Chips

BBQ Quorn Fillet   
Served with Wholegrain Rice



Quorn Sausages 
Served with Mashed Potato and Gravy



Roasted Vegetable and Cranberry Slice 
Served with Roast Potatoes and Gravy

Vegetable Korma   
Served with Wholegrain Rice

Cheese and Sweetcorn Omelette 
Served with Chips

JACKET POTATO

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Tomato Pasta Fresh, homemade tomato sauce with penne pasta  

All main meals are served with two vegetables

DESSERT

Chocolate Beet Brownie with Orange Slices 

Banana Cake

Oat Cookie with Fruit 



Jam and Coconut Sponge with Custard

Strawberry Frozen Yoghurt

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

 **Vegetarian**  **Oily Fish**  **Wholegrain**

 **Fruity!**  **Nutritionist's Choice**

AUTUMN/WINTER 2024