

JULY 2024

PARENT BULLETIN

WELCOME

Welcome to this final bulletin of the school year. As ever, the final term is extremely busy with proms, performances, reward events, awards evenings as well as induction days for new Year 7s and Year 12s.

The Year 8 camp trip was a huge success and thank you to all those involved in making it such a memorable occasion, especially the staff who gave time to accompany our students for the week away.

Formal examinations are now all complete for another year. This exam season has seen an increase in the level of challenge for our students as exam grades are expected to return to pre-pandemic levels. Our students have again faced exams with positive attitudes and behaviour. We wish all of our students the very best to luck. We look forward to seeing them all on results days later in the year.

Our Summer Fiesta performance was a great celebration of the talent we have across our campus within the Performing Arts. Students performed to local primary schools, Birkett House School as well as evening performances to parents and the public. I would like to thank all involved in this fantastic event.

Building work continues on our new science block. We hope this will be completed ready for the start of the new academic year.

Again this year we have seen so many successes across our campus and as always the role that you play as parents and carers is immensely important. Your support for your children and our schools is very much appreciated, thank you.

Finally, I would like to wish you all a happy and healthy summer.

Mike Wilson—Executive Headteacher

Wigston Academies Trust

Last day of term—Thursday 11th July

The Academy and College will finish at the earlier time of 12.15 pm on the last day of the Summer term, Thursday 11th July, for all year groups. We are allowing our students to come in non-uniform on the last day of term. However, as usual we would ask that students are appropriately dressed and refrain from dyeing their hair or wearing items which would pose a health and safety risk (e.g. high heeled shoes, long false nails). The bus company are aware and will provide buses at this earlier time. However, if you wish your son or daughter to remain at the Academy until the usual time of 2.55 pm, please contact their Head of Year so that we can make arrangements for them. As usual we will be extending break time to enable students to access hot food including those in receipt of a free school meal.

Return to School Dates 2024/2025 Academic Year

Year Group	Date return	Start time/ Finish time	Meeting point
Year 7	Tuesday 27 th August	8.35 am* to 2.55 pm	Site A Sports Hall
Year 8	Wednesday 28 th August	10.20 am to 2.55 pm	Site A playground
Year 9	Wednesday 28 th August	10.20 am to 2.55 pm	Canteen playground
Year 10	Wednesday 28 th August	10.20 am to 2.55 pm	Site B playground
Year 11	Wednesday 28 th August	10.20 am to 2.55 pm	College
Year 12	Wednesday 28 th August induction Thursday 29 th August and Friday 30 th August – not in Monday 2 nd September Tuesday 3 rd September teaching starts	8.35 am to 12.20 pm 8.35 am to 12.20 pm Follow timetable	College College College
Year 13	Thursday 29 th August Friday 30 th August Monday 2 nd September will be a home learning day for Year 13 Tuesday 3 rd September teaching starts	8.35 am to 2.55 pm 8.35 am to 2.55 pm Follow timetable	College College College

* Note gates will close at 8.30 am

YEAR 7

It's hard to believe that we are coming toward the end of Year 7 and students have already completed their first year in high school. It's lovely to see the progression our students have made and how well they have settled in at Wigston Academy. The majority of our students have become more confident in lessons and have made exceptionally progress with their work.

During PHSCE students worked in small groups to organise a charity event to take place in school. This was presented to external businesses. A group was selected and given the opportunity to deliver this event. We were all amazed by the confidence some students showed during this and it was a pleasure to hear students talking about the charities that are close to their hearts. We look forward to working with the winning tutor group, Bro, to organise this charity event.

I want to take this time to say a big thank you for all the support Miss Tabor-Brown has given the year group and we all wish her the best in supporting our new Year 7 students joining Wigston Academy next year.

Wishing you all a lovely and restful summer.

Mrs Bentley—Head of Year 7

Over the past few weeks, we have really worked hard to ensure students are dressed in correct uniform and I am really pleased to see how hard Year 8 have worked as a team to encourage one another and willingly followed procedures to ensure everyone is dressed smartly. Please encourage students to keep this up as the Year 8 team are extremely proud of their efforts.

Moving into Year 9, it would be great to see students continuing to show the values of Wigston Academy. In particular I would like students to focus on Resilience and Respect. Students have shown an improvement in these two areas over the past few weeks, and it would be fantastic to see this continue over into Year 9.

As we are approaching the end of Year 8 it is a good opportunity to reflect on all the amazing work this year group has achieved and continues to achieve. Our Year 8 team would like to give a special shout-out to a few students who have really impressed staff this year.

Firstly, we would like to say well done to Ollie Derbyshire, Magdiel Pereira, Lee Kirkpatrick, Avneet Kaur, Kamalpreet Singh, Harry Sneath, Oscar Irving, Evan Inchley, Nancy Devonport, Fatima Gheewala, Rubie Finden and Harry Mansfield who have all had an excellent year. A big shout out to Matthew Marriott for auditioning for the talent show and taking part in several shows this year and Emilia Lewis who has also show ambition and taken part in shows.

Additionally, Lacey Farrell for being an exceptionally well engaged pupil. She is always keen to participate in lessons and is always involved in the school productions. She has a 100% attendance record, zero B points and has been published as a part of the writing challenges. An excellent example of a students.

We would like to say a massive well done to Izzy Kopaczal who has had no B points all year and just a consistently helpful, thoughtful, and polite student.

And finally, Jacob Spicer and Dillan Smith for always being reliable, quick to offer help and always having a positive attitude in tutor time.

I am really proud of Year 8 collectively and I look forward to seeing our Year 8s continued growth and development next academic year.

Miss Bhogal—Head of Year 8

YEAR 8

YEAR 9

Well...where has this year gone!

I would like to start by saying what an absolute pleasure it has been seeing your children grow and develop into young adults. I cannot believe I have been with them for two and half years. They are such a wonderful year group and each and every one is a credit to you, I will miss them dearly. It has also been a pleasure forming relationships with you, the parents and carers. Thank you for all your support over the years; your children's best interests are always at the heart of what I do.

All students have now finalised their options and they will be given to the students very soon. I am looking forward to seeing them flourish even more when they are in their GCSE years and I will certainly be there on Year 11 results day. Also, I can't wait for the Prom guys – dress to impress!

I wish every student the very best. You have been given a wonderful Head of Year in Miss Bramley. She is an excellent Head of Year and will guide you through the GCSE process – take on board what she says and you'll be successful!

Signing off for the very last time as Head of Year 9. I look forward to working with our new Year 7 students next year.

Mr Carletti – Head of Year 9

What a great term! Year 10s have finished the year in the most positive way, your behaviour and effort throughout your PPEs was fantastic and we are sure that your hard work will have paid off.

We complete the term by moving to the College for the last two weeks and getting a taste of what's to come in Year 11, which the majority of students are really looking forward to. We appreciate change can be scary but the transition period will help and most of the students are ready for the more mature style of working environment and independence that is required to be at the College.

With this move, we do say goodbye to Ms Quinn. Ms Quinn has been working with this current year group for many years and has been a huge support to the students and myself. We will all really miss you Ms Quinn but I'm sure the year group will do you proud next year and receive some fantastic results!

Year 10 I hope you have a lovely Summer break and me and Ms Brennan look forward to supporting you throughout Year 11.

Mrs R Chapman – Head of Year 10

A message to our lovely Year 10s from Ms Quinn.

'Thank you for making the last few years so enjoyable, coming to work with you has been fun, emotional, frustrating but most of all a complete pleasure.

I wish I could have followed you to the College but I will not be far away and I will certainly come to visit.

Watching you all grow from children to young adults has been an honour; you have ambition, a great work ethic, kind and caring of each other and most importantly a great sense of humour.

I wish you well going into Year 11, I am confident you ambitious lot are going to do so well in your GCSE's.

I am going to miss you all and I am incredibly proud to have been your Assistant Head of Year for all these years.

Good luck and thank you.

I shall miss you all.'

YEAR 10

YEAR 11

It is with mixed emotions I say goodbye to Year 11. I went to primary schools five years ago to visit the students before they joined Wigston Academy and remember how apprehensive they felt when they came for induction days. They quickly settled and then we went into lockdown, they just made it back in time from the French trip! Lots of online learning and virtual assemblies, and finally the children returned back to school in Year 8 and they had a more settled Year 9.

The last two GCSE years have gone so fast, the students have been very busy. We have seen wonderful results from the girls and boys football team and the netball team. Well done to all students who have made the most of the opportunities you have been given; so many attended extra tuition sessions after school and during school holidays.

A number of students have been involved in school productions both on and off stage.

The Duke of Edinburgh Award is something they should be very proud of too.

The last term has been so busy, we had a lovely time on 6th June when the students signed each other's shirts, they had a free lunch and enjoyed their last ever assembly! It was a very special day.

The feedback from the exam invigilators was extremely positive about Year 11, they conducted themselves very well indeed. All the stress of exams is over and they can now enjoy a very long summer break! I look forward to seeing students at prom, it will be an amazing evening.

I would like to say thank you to each and every parent/carer who have consistently supported school, it has been a pleasure working with you. I wish them a very, healthy, happy future with many successes along the way. Good luck and take care!

Miss Bramley – Head of Year 11

Photos of two students who attended school every day for the last 5 years and received not a single behaviour point from Years 7 to Year 11. Such an achievement, well done.



Timetable

As we do every year, we have reviewed the current structure of our timetable to ensure that all of our students get the very best deal. As a result, next year students may be in a new band. There will still be three bands in Years 7, 8 and 9 and two bands in Years 10 and 11.

Mr Conlon (Head of Academy)

TOP TEN STUDENTS

Here are our top ten students so far this year. As always, students have been selected for their attitude to learning, good behaviour and excellent attendance. Well done to all of you!

Year 7	Year 8	Year 9	Year 10
Charlie Bagshaw	Gaia Byrne	Alice Anderson	Ayona Biju
Isabelle Derry	Victorious Chulu	Grace Garner	Millie Bown
Sophie Guess	Freya Dell	Leo Gillespie	Alexandra Leeson
Sanvika Gurram	Lacey Farrell	Lacey Glover	Oscar Lord
Jonah Hill	Jack Fletcher	Alex Hindocha	Devina Madhas
Joshua Hill	Steven Gao	Erin Horne	James Martin
Honor Hullait	Lucas Hearne	Ellie Johnson	Kofi Prempeh
Jassica Sarai	Jake Hickey	Alfie Ross	Joshua Sharman
Eslija Urkevica	Harry Kane	Ellie Wells	Charlotte Vann
Lily Wells	Declan Kemp	Melina Xhokaxhiu	Stefan Zelenovic

DIARY DATES

AUTUMN TERM 2024

School Opens	Tuesday 27 th August 2024
Mid Term Break	Monday 21 st October to Friday 25 th October 2024
School closed (Teacher day)	Friday 29 th November 2024
Christmas Break	Monday 23 rd December 2024 to Friday 3 rd January 2025

SPRING TERM 2025

School Closed (Teacher day)	Monday 6 th January 2025
School Opens	Tuesday 7 th January 2025
Mid Term Break	Monday 17 th February to Friday 21 st February 2025
Easter Break	Monday 14 th April to Friday 25 th April 2025

SUMMER TERM 2025

School Opens	Monday 28 th April 2025
May Day	Monday 5 th May 2025
Mid Term Break	Monday 26 th May to Friday 30 th May 2025
School Closes	Thursday 10 th July 2025

Wigston Academy and Wigston College at Stephen Lawrence Ambassador Youth Symposium

On a sunny Monday in June, four Year 12 students, three Year 9 students and Mrs. Nemaura, staff chair for the Equality and Diversity Working Party, travelled to De Montfort University for the Stephen Lawrence Ambassador Youth Symposium. The day began with a welcome, an introduction and background to the Stephen Lawrence Research Centre (SLRC) by Vice-Chancellor Professor Katie Nomington and Interim Deputy Director of SLRC, Ms. Pereira. The University acknowledged its role in addressing institutional and structural racism. DMU has been awarded silver on the Race Equality Charter, making it the first University in the UK to receive this accolade.

Next, there was a session recognising and celebrating the ambassador journey, where Winstanley School was acknowledged as the first school in Leicester with 10 ambassadors, a number that has now grown to 41. Winstanley School is part of the Life MAT. Most students said they became ambassadors to promote inclusivity, stop discrimination and racism in their school, promote an anti-racist community, achieve racial equality, decolonise the curriculum, and make their school, and by extension the world, a better place. The ambassadors have grown in confidence, speaking in national spaces such as the House of Lords and the media, and have developed their listening skills. Inclusion means giving a voice to all our minoritised students and recognising that diversity, inclusion, and anti-racism are safeguarding issues addressed through teacher education, racial literacy training and racial equity initiatives.

There were two youth panels where students reflected on positive changes, such as being inclusive and supporting all groups, including refugees and the Windrush generation; listening to other students and not only pushing their own narrative; young people educating each other and bringing people together; building a culture of upstanders; developing safe spaces for everyone and fostering active citizenship through assemblies for Black History Month and Stephen Lawrence Day.

Ty'rone Haughton, a Jamaican-born poet, author, and care leaver, addressed the young people. His poetry focused on societal issues, identity, and lived experiences, which energised the young audience. The day concluded with closing remarks sent by audio from Baroness Lawrence, who was unable to attend the symposium. Wigston Academy MAT students enjoyed the day and were truly energised to enact change, develop an inclusive environment and foster an anti-racist community, thereby providing transformative education for all students.



Mrs Nemaura—Staff Chair Equality & Diversity Working Party

Sparx Maths

We would like to start off by thanking all parents and carers of students who have helped support the implementation of Sparx Maths this year. We hope you have found the system both helpful and informative. We can't stress enough the importance of completing this homework to further support and supplement the learning in lessons. Sparx can also be used to support independent learning so is accessible throughout the summer should students want to continue to master their mathematical skills.

Congratulations

The following 21 students who have managed to complete 100% of the homework and meet the deadline for the homework 100% of the time as well. We all know the importance of meeting deadlines.

Alexandra Leeson	10GCa
Amelia Dubbins	9DPh
Nyasha Chikuni	9UDu
Rio Singh	9STn
Leo Gillespie	9SPa
Kayla-Paige Bale	8JAl
Steven Gao	8PLe
Emmie-Kate Taylor	8RPa
Louise Hayward	8RPa
Jassica Sarai	7TOw
Jack Smith	7ISl
Zsofia Dickson	7ISl
Lois Faughnan	7BRo
Casey James	7KPa
Lewis Chapman	7SBr
Ethan Hanna	7AJo
Lily Renshaw	7SSi
Oliver Smart	7SSi
Zachary Jewell	7SSi
Stefan Maksimovic	7HGGu
Olly Robinson	7SSi

Art, Design & Technology

It has been a busy time for ADT with new rotations and lots of wonderful projects being taught. We have been blown away by the work of students and will showcase some of this below.

Year 8 portraiture. Focussing on proportions and tonal values



Year 10 GCSE students learned how to make jam and then used this to make jam tarts



Year 10 art—creating beautiful water colour portrait artist copies, showcasing their understanding of the artist Marion Bolognesi and different water colour techniques



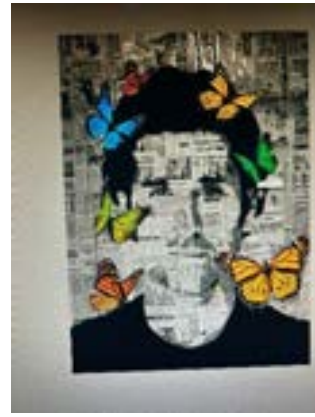
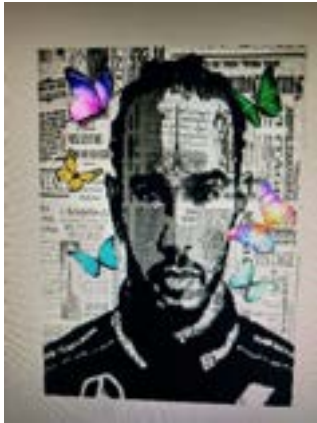
Year 9 textiles - Levon Biss - Looking at sewing techniques and adding details with sequins and buttons



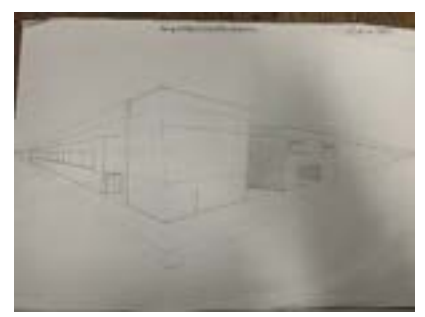
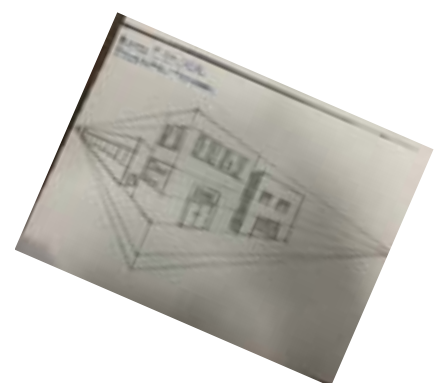
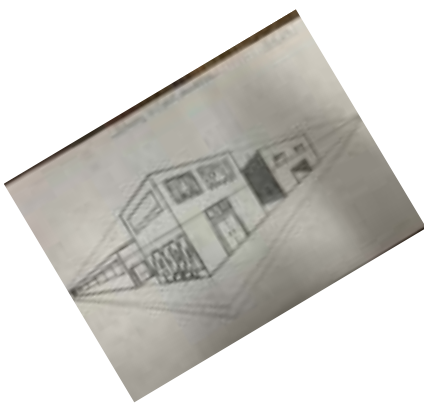
Students learned different tools and techniques on photoshop, inspired by Julian Opie have created some wonderful portraits using Opies distinctive style



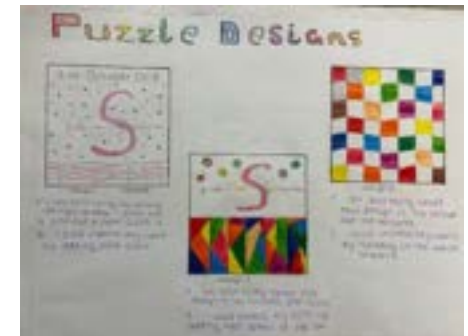
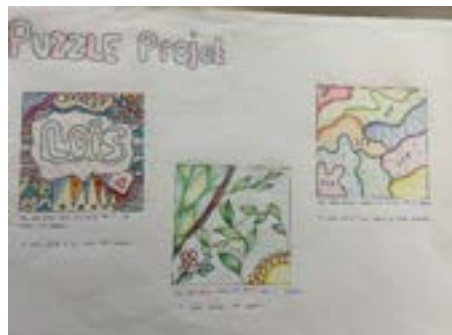
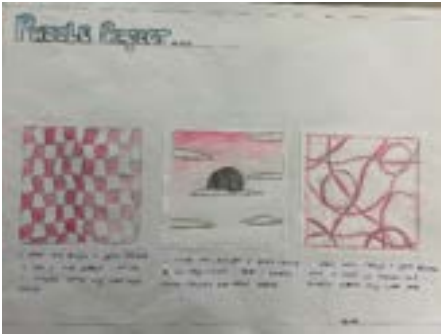
Students in graphics have been learning about different artists and using their knowledge, different tools and techniques to create artist inspired artwork. The artist for this project was VEeBEe



Year 7 have been developing their perspective drawing skills by creating one-point and two-point perspective street scenes



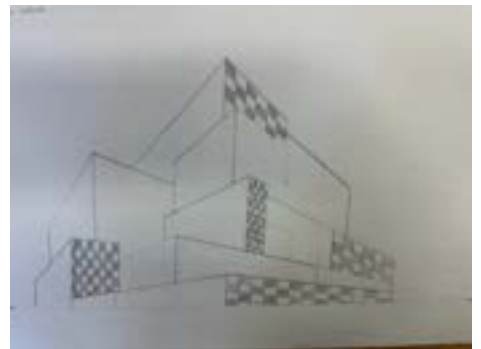
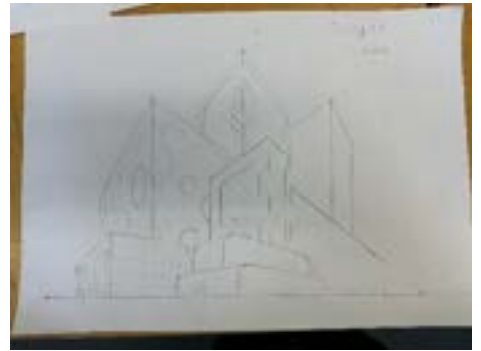
Students in Year 7 Design Technology have been designing their puzzles which have been inspired by artist Yinka Ilori



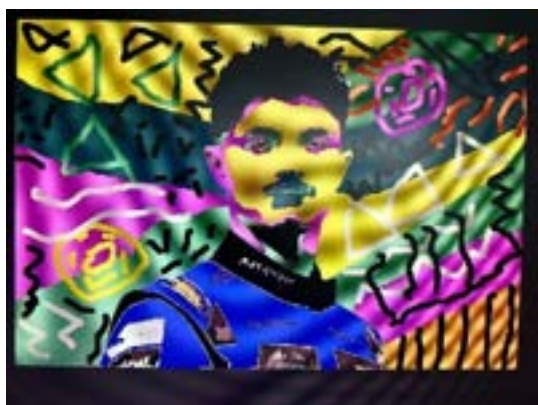
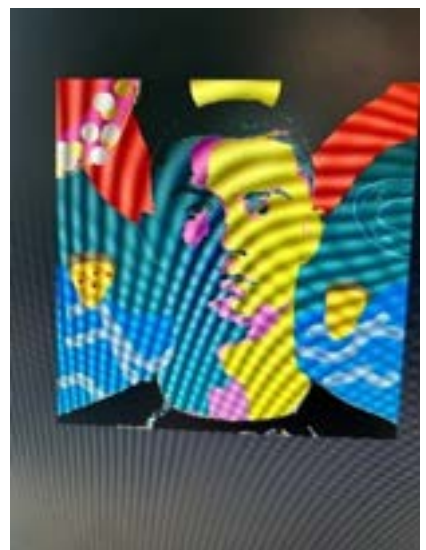
Students in Year 8 have been designing and finalising their sublimation destination clocks ready to add embroidery next term



Year 10 architecture project showcased the work at the start of the project - amazing perspective drawings and exciting designs



Year 8 have been looking at artist Andy Gellenberg to create some artist inspired portraits using CAD



Year 7 perspective - learning about one-point perspective, drawing names and shapes - and some amazing homework completed too



Year 9 Pizza Project – the brief to research, design, and make a pizza and packaging for a new pizza outlet



PE UPDATE

It has been another busy and successful term for in the PE department, with lots of clubs, fixtures and events.

Girls Football

The Year 8/9 Girls football team travelled to LCFC's Seagrave Training ground for their County Cup Final v Market Bosworth. Unfortunately, some early key injuries made a difference and despite showing great resilience the girls lost the match. It is a fantastic achievement being runners up in the whole county and one the girls should be very proud of – we certainly are!



Inclusive Sports—Boccia and Athletics

The impressive year for our KS3 Inclusive Team continued as they participated in both Boccia and Athletics.

The team took part in the Inclusive Athletics Festival at Saffron Lane. There were some brilliant individual performances and all the students had a great time. Great work all!

The team also travelled to Loughborough University for the Boccia County Finals as part of the Your School Games Paralympic Festival. Once again, the team showed real spirit and went on to be crowned County Champions! What a brilliant achievement.



Loughborough University Trip

A number of Year 9 students went on a trip to Loughborough University in May. It was a great chance for the students to tour the amazing sports facilities, find out more about life as a student and then take part in some alternative activities including Ultimate Frisbee and Flag Football.

The students had a great day and were inspired to aim for University in the future!



Area Athletics

In May, over 60 students travelled to Saffron Lane Athletics Stadium for the annual Area Athletics Competition. Once again, the students were a credit to the school through their behaviour, attitude and team spirit. We had some fantastic results with lots of 1st and 2nd places.

A big well done to all of the students involved.

Sports Leaders

Once again, we have had a large number of students involved in various Sports Leadership events.

A group of Year 7 and 8 girls helped to run the Primary Girls Football Festival alongside our friends at Learning South Leicestershire School Sports Partnership. It was a great event and our leaders were a credit to the school.

Our Year 9 Sports Leaders were involved in the Little Hill Sports Day. The feedback was extremely positive, with lots of compliments for the leaders.

A big well done to all of our Sports Leaders this year. We look forward to doing even more next year.



PE Twitter - Up-to-date Information

To keep up to date with information from the PE department, please follow our Twitter account: @WigstonAcadPE

COMMUNITY NEWS

Thank you to all students, parents and staff for supporting our charity and community events over the last term. At the end of term our Pre-loved Uniform Shop will be up and running but we still really need support with donations of old good quality clothing items, see details below.

WA Preloved Uniform Shop

In our previous bulletin we announced the launch of our preloved uniform shop. We are pleased to announce that this will be up and running in the last week of term and at our Year 6 induction evening.

We are still looking for any good quality, clean, non-damaged items that you would like to donate, please bring them into main reception at the Academy. (Damaged and soiled items won't be able to be sold and will be disposed of).

Making a change – currently only 1% of clothing is recycled, lets help to make a difference!



Year 6 Induction Days – Class of 2024

Monday 8th and Tuesday 9th July will be our Year 6 induction days. Children will be spending a day in their new tutor groups, completing a variety of activities to prepare them for the move. They will also be taking part in subject lessons across our ADT, MFL, Humanities, Science and PE departments. They will attend in non-school uniform over both days and will get a free lunch. We can't wait to spend two days with them and get them ready for August 2024.

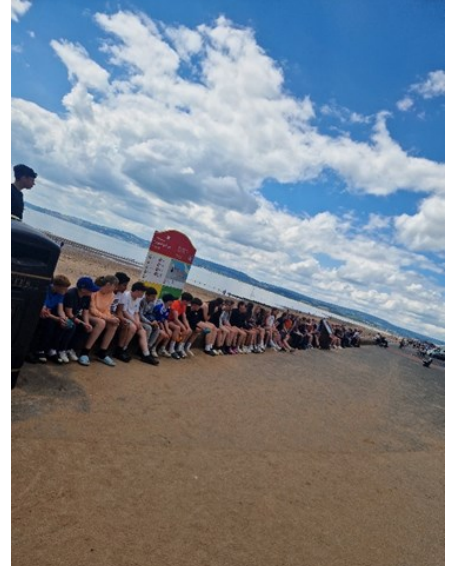
Year 5 Activity Mornings – April/May 2024

This term we invited the Year 5 students in from our feeder primary schools to sample some activity sessions in both ADT and Science. In Science they took part in a mystery chromatography lesson and using fingerprint analysis to try to discover who stole some chemicals from the Science lab. In ADT there were a range of activities, creating superhero suits using smart materials, making creative 3D name posters and baking cookies. The mornings were a huge success and all the students thoroughly enjoyed it. Thank you to Waterleys, Little Hill, All Saints and Thythorn for attending.



Year 8 Exmouth Camp 2024

On Monday 17th June we took 54 Year 8 students to Exmouth on our annual camp trip. This year we were back at our old original camp so we were spoilt with some amazing views from our site. All the students took part in bushcraft which consisted of making their own fire, foraging for food and making a nettle soup; in water sports they took part in kayaking, paddle boarding and went out on the Mega-Sub; enjoyed circus skills and team challenge events. Our evening activities were tag archery, fun splash, quiz, disco and we even got to watch the England game! The students were an absolute credit to the Academy and embraced all the new opportunities that were offered. Thank you to all the staff that gave up their time to support the trip. We are looking forward to planning Camp 2025!



PERFORMING ARTS

Performing Arts have had an extremely busy year with our four main productions and a Key Stage 3 talent show coming up. Our students were part of WAT Live in November; Winter Wonderland in December; Joseph and his Amazing Technicolor Dreamcoat in March and finally we had our Summer Fiesta on 26th and 27th June. Our Key Stage 3 talent show is being performed on 10th July and this is our second performance showcasing Key Stage 3 students for Wigston Academies Trust. All profits from this show will go to LOROS in memory of our colleague Karin Gladman.

We have had a plethora of students involved across all year groups and it has been a hugely successful year. We are particularly pleased with the Year 7s who have engaged with Performing Arts, and we are sure this will increase and they will all be involved next year.

It would be remiss of us not to give a huge thanks to our outgoing students who have supported us show on show, year on year, some being with us from the very start of Year 7. Their enthusiasm for music and performing arts has been outstanding. Their willingness to guide, nurture and support the younger students has been truly inspiring and we are sure many students will have learned from their example. Thank you to you all and we all wish you well for your futures, please come back and visit us and keep us posted on your next steps.

Finally, thank you to you our audiences for your continued support and all our wonderful students that take part in Performing Arts, whether on stage or behind the scenes; they are learning key skills that are invaluable. We look forward to seeing you next year. Our productions will be WAT Live in October; Winter Wonderland in December; We Will Rock You in March and Summer Fiesta in June. Tickets will be on sale for them all in September.

Miss Watkiss - Head of Performing Arts





CAREERS

Army Medical Morning—Thursday 6th June 2024

The Army came to Wigston Academy to give an in-depth talk about career opportunities within the Army and Army's medical services.

The Army's medical team talked to a selected group of students from Year 10 about the different career opportunities and routes into the forces. They were able to learn about the different teams involved within the medical department of the Army; not just the doctors, nurses and health care assistants, but the scientists, the surgeons, theatre staff, as well as the teams who set the hospitals and theatres up to ensure full support.

The students were involved in a tourniquet competition. Students worked in pairs and had to complete the task in less than 20 seconds. This was to show the students how to stop the flow of blood using the equipment that the Army use. Most of the students were able to complete this within 20 seconds and we had two groups who completed the task in 15 seconds. Students had lots of questions and were able to interact with the team.



Year 7 Enterprise Project—May 2024

Year 7 had a very successful careers and enterprise project. This was to plan a charity event for a charity of their choice. They had to plan the event, including who would be their target audience, where to hold the event and marketing. The students had to design and make a poster for what their charity event would be and work out the costs and funds they could potentially raise. The winning group presented to a panel made up of Miss Bentley, Miss Tabor-Brown, Mrs Box and three representatives from the local business community. Thank you to Dave Goodman (Soar Valley Press), Jenny Cross (Cross Productions) and Gareth Thomas (Skills and Employment Ltd) for coming along to help out.

The judges were full of praise for the best presentation and event. Congratulations to all those students who represented their tutor groups and the overall winning group from 7BRo. The charity event will be held on the final day of term for some of Year 7 to take part and the chance to raise money for their chosen charity.

Year 10 Work Experience—April 29th to May 6th

Year 10 have completed work experience week. This was a great opportunity for our students to find out about the world of work and will now support their development and preparation for leaving full time education. Thank you to every employer who gave time to support our students helping them to develop their employability skills. We received some fantastic feedback from employers including some summer job offers to students. Well done and congratulations Year 10!

Those students who were unable to secure a placement, completed a project called Unbox Your Future in collaboration with the LLEP (Leicester and Leicestershire Enterprise Project) and Grounded Kitchen. Grounded Kitchen from Fosse Park set a challenge for students to create a children's and young people menu. Our students in school had an amazing week filled with creating, planning and making a menu. They were able to meet Chet on the first day and then his team welcomed the students to the restaurant at Fosse Park. Students were able to ask questions, meet the marketing team and also make and taste the menu. Each team presented their ideas to a judging panel and the winning team receive vouchers, donated by LLEP, in recognition of their hard work and enthusiasm. (continued over page)



Photographs by Beth Walsh



Students were also able to engage with the management team at Fosse Park. Students heard about the shops, different jobs roles within the management team and also within the stores and met a wide range of staff hearing about how their employability skills can lead to different opportunities. This was such a fantastic experience, thank you to all the employers who organised and provided the chance to see the world of work.

Meet the Employer—Year 10—28th June

The final event for the Careers Team this year was the Meet the Employer event for Year 10 students. This gave students the chance to engage with local employees from across Leicester and Leicestershire. Students had the chance to plan a wide range of questions to ask employers about their careers; how they became the people they are today; what career aspirations do they still have; what advice would they give a young person starting on their career pathway and what is the typical salary range for their job role. Students had ten minutes with each employer. This was a great opportunity for students to find out about different employment opportunities that perhaps they've not heard about, or considered, in their future.



Year 11 and Year 13 Results Day Information

The Careers team will be available to support students when they collect their results. We hope to be congratulating you all and sending you off to celebrate your new chapter in life. However, if this is not the case, the careers staff are there to support and help you transition. Remember: this isn't the end, it's stepping stones for bigger things! There is more help and support available through the Careers page on the website:

[Careers Home | Wigston Multi Academy Trust \(wigstonmat.org\)](https://www.wigstonmat.org)

Year 13 results day: Thursday 15th August

Year 11 results day: Thursday 22nd August

Spotlight Careers

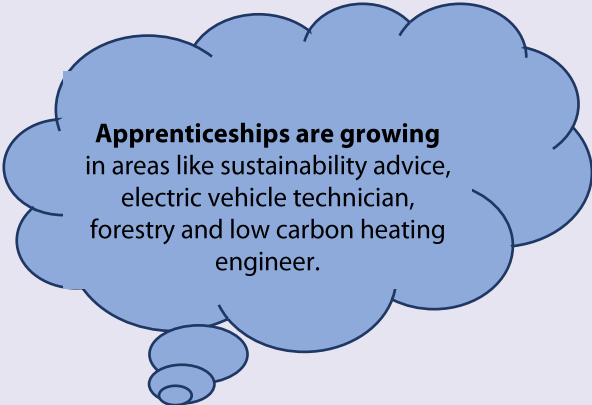
Low Carbon Industry

Low carbon means supplying energy to businesses and consumers using **renewable sources** such as **wind** and **solar** technology or **electric** vehicles instead of fuel powered.

This transition will **transform our whole economy**; for businesses and consumers.

Local companies in Leicester and Leicestershire

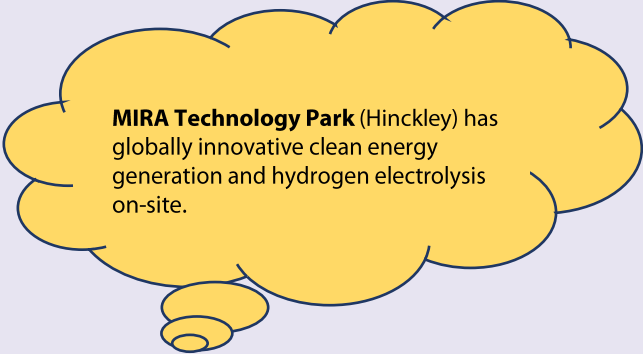
- Smart Power System
- Intelligent Energy
- GenGame
- CENEX
- Rockhaus Developments
- Forest Rock
- DNV GL
- National Grid
- E.On
- Octopus Energy
- MIRA



Apprenticeships are growing in areas like sustainability advice, electric vehicle technician, forestry and low carbon heating engineer.

What Could you earn from this industry?

Ecologist	£22K-£42K
EV Charge Point Installer	£24K-£44K
Solar Energy Technician	£20K-£35K
Wind Turbine Engineer	£25K-£45K
Recycling Operative	£14K-£24K
Insulation Installer	£20K-£35K
Gas/Heating Appliance Installer	£20K-£35K
Environmental Consultant	£25K-£40K



MIRA Technology Park (Hinckley) has globally innovative clean energy generation and hydrogen electrolysis on-site.

Please see further information for a deeper dive into this industry [LLEP WORLD OF WORK LEICESTERSHIRE](#)

The World of work booklet is used to be able to see the most up to date information regarding labour market information in Leicester and Leicestershire.

Local opportunities currently available:

Environmental Officer	Waste Management Operative
Ecologist	Insulation or Gas/Heating Installer
Green Building Consultant	Travel/Mobility Consultant
Solar Energy Technician	Housing/Assets Manage
Electrical or Heating Engineer	Recycling Officer

Many different apprenticeships within this sector can be found at: [Find an apprenticeship - GOV.UK \(www.gov.uk\)](#)

COLLEGE UPDATE

Induction Day

We were delighted to welcome a record number of students for our Induction Day in June. Students had the opportunity to experience life as Wigston College Sixth Form students for the day and attend lessons for subjects they are interested in taking for their post-16 study. Places for next year are in high demand, with over 600 applicants so far! Students were keen to get involved with the lessons and enrichment activities; our staff were extremely impressed by the student's enthusiasm and ability. We want to thank all the students who took part and wish them all the best of luck with their GCSE results. Students who have received an offer from us will receive a letter before the end of term with information about how to enrol next year.



Charity Committee

To support Men's Mental Health Week, Wigston College's Charity Committee and other students got together in their green clothing and put on a bake sale for donations to the MANUP charity for men's mental health. Flapjacks, cupcakes, cookies and blondies were made and all sold to raise money and Mrs Pollon held a cake auction. Over £100 was raised for this great charity.



Year 12 Art and Design Visit to De Montfort University Leicester

Our Year 12 Art and Design students had a great day today at the DMU Degree Show. They learned so much about what the various courses had to offer and were inspired by some incredible work. It was also great to see the work of some of our ex-students. Thank you to De Montfort University for looking after us so well, we'll definitely be back next year!



Leavers Assembly

On the last Friday before half term, we host our Year 13 Leavers Assembly. This is always an enjoyable and emotional occasion where we look back and celebrate their achievements and experiences over the last two years. Year 13 have been a fantastic year group. They have managed to embrace the opportunities that have been given to them, showing ambition and resilience throughout and we are very proud of them. We would like to wish them the best of luck for their next steps, whether that be higher education, apprenticeships or employment and look forward to seeing them on results day to celebrate their success.



UCAS Morning

A UCAS morning was arranged for our Year 12 students to launch and support their applications for higher education. There was a talk from Lincoln University about how to navigate the UCAS system and how to make the most of their personal statements. Students were then also supported with logging in to their UCAS accounts and begin to start their applications. This was the culmination of our year-long HE support. This has obviously gathered momentum in the last month as they move towards Year 13 so it has also included our HE Evening for Students and Parents, our trip to the HE Fair at Lincoln University and various presentations from Lincoln, De Montfort and Leicester Universities. Of course, our UCAS specialist Mrs Rose and tutors will continue to support students with their applications until they are ready to submit.

Sixth Form Football Team

The Sixth Form football team have had an amazing season. They finished second in the North Leicestershire College League beating some incredibly strong teams. Finishing second meant they played WQE in the semi-final of the county cup, which Wigston College won 2-1. In the final the team played out a 3-3 draw against Bosworth Academy played at the LCFC training facility at Seagrave, but agonisingly lost on penalties. The team also made it to the final 32 of the National Cup (over 400 teams entered). The team can be immensely proud of their efforts this season.



Cycling Challenge

The Year 13 OCR sport group raised a staggering £1614.19 for LOROS, in memory of Karin Gladman, and a further £936.65 for the Alzheimer's Society (£2551.56 in total). This was achieved by completing a 24-hour cycling challenge where three bikes were continually cycled for the whole 24 hours. In the end students raised an amazing amount of money and cycled over 1,000 miles, which was the equivalent distance of cycling from Leicester to Berlin and then on to Prague. What a fantastic achievement.



WIGSTON ACADEMYS



PRELOVED UNIFORM SHOP

Save money
Reduce
waste.

OPENS MON 8TH JULY
MAIN ACADEMY RECEPTION

PRICE LIST

Blazer	£5.00
WA Hoody	£4.00
WA P.E T-shirt	£3.00
School trousers	£2.00
Shirts/Blouses	£2.00
Skirts	£2.00

OPENING TIMES:

CASH ONLY!

Mon 8th: 11:20am-12:20pm

Tues 9th: 11:20am - 12:20pm

Weds 10th: 14:30pm - 15:30pm

Thurs 11th: 9:30am - 10:30am

Induction evening for new year 7 parents on the 8th July,
School uniform will be on sale between 5pm - 7pm.

CASH AND CARD ACCEPTED



CERTIFICATE OF ACHIEVEMENT

Congratulations on achieving your Bronze
Rail Safe Friendly award.

Thank you for educating your young
people about Rail Safety and keeping
them safe.

Stuart Heaton

Stuart Heaton
Managing
Director

Summer Holiday Support

JUNE 2024

NEWSLETTER

STAYING ACTIVE FOR LESS

We all know the benefits of being physically active for both your body and mind. However, the current cost of living crisis has meant that household budgets have been squeezed and many families are struggling to pay for costly clubs and activities to keep children and young people active, happy and healthy. Our Stay Active for Less page has tonnes of physical activity ideas and games that don't cost a thing and are suitable for the whole family to enjoy. Check it out [HERE!](#)



Did you know?

You use **200** muscles every time you take a step! Light exercise, such as walking, is scientifically proven to make us feel **happier!** 😊

HELP & SUPPORT DIRECTORY

- **Childline** (information and advice for young people) : **0800 1111**
- **FRANK** (confidential support and advice about drugs): Phone: **0300 123 6600** Textline: **82111**
- **MENCAP** (Learning Disability Helping): **0808 808 111**
- **The Mix** (Crisis messenger service): Text THEMIX to **85258**
- **Samaritans** (open 24/7 for young people and adults to talk about troubles): **116 123**
- **SHOUT** (Confidential text support with people struggling to cope): **85258**
- **Anxiety UK** (Advice and support for people experiencing anxiety): Phone **03444 775 774** Textline: **07537 416 905**
- **BEAT** (helpline and webchat for young people experiencing eating problems): Phone **0808 801 0677**
Website: beateatingdisorders.co.uk
- **Papyrus HOPELINEUK** (Support and advice for under 35s experiencing suicidal thoughts): Phone **0800 068**
- Textline: **07860 039967**
- **Refuge** (Help and support for women, children and young people experiencing domestic abuse): **0808 200 0247**

LGBTQ+ Support

- **Mermaids UK** (support for transgender, nonbinary and gender diverse people up to 18 years old): **0808 801 0400**
- **The Proud Trust** (support for LGBTQIA+): Phone **0161 660 3347** Webchat theproudtrust.org
- **Stonewall** (LGBTQIA+ information and support about coming out) **0800 050 2020**

Grief Support

- **Child Bereavement UK** (Help for children, young people and parents): **0800 028 8840**
- **Hope Again** (Support when losing someone close): **0808 808 1677**

ENCOURAGING HEALTHY EATING HABITS

The summer holidays can often lead to additional stresses for parents. With constant requests for snacks, especially on a budget, it can be difficult to ensure children and young people are eating a healthy and balanced diet.

The NHS Healthier families website has lots of quick and easy DIY snacks you can make [here](#). Research has shown that allowing children to get involved with food preparation encourages them to eat a wider variety of foods. It's also fun and a great activity to do together!

Money saving expert Martin Lewis has a comprehensive list of restaurants and cafes who are offering discounts or kids eat free incentives over the summer holidays, find out more [here!](#) Tesco Food has lots of fantastic budget friendly family recipes to try [here](#)

Change4Life have lots of information on healthy food swaps to help cut down on the amount of sugar consumed. Check it out [here!](#)



THE TRUSSELL TRUST RUNS THE LARGEST NETWORK OF FOOD BANKS IN THE UK, GIVING EMERGENCY FOOD AND SUPPORT TO PEOPLE IN CRISIS. FIND LOCAL SUPPORT AND INFORMATION [HERE](#)

WELL-BEING SUPPORT

There are a number of services and charities that can offer advice and support on all areas of young people's mental health. Click on the logos to head straight to their website.

Key June dates

- Pride Month 🌈
- Bike Week 10-16th June
- BNF Healthy Eating Week 10-14th June
- Men's Health Week 10-16th June
- Learning Disability Week 17-23rd June



Click [here](#) to find information about services across Leicester, Leicestershire & Rutland that provide support for your mental health and wellbeing.



Did you know?

1 in 6 children aged 5-16 are likely to have a mental health problem.

Source The Children's Society

THE JOY APP HAS A HOST OF ACTIVITIES AND SUPPORT WITHIN YOUR LOCAL COMMUNITY.

CLICK [HERE](#) TO FIND OUT MORE!



LET'S GET SOCIAL





Body Image

NEWSLETTER

APRIL 2024

WHAT DOES BODY IMAGE MEAN?

Body image is a term that can be used to describe how we think and feel about our bodies, positively, negatively or both. Body image can relate to a person's body size or shape, height, skin colour, appearance, physical disabilities or differences.

A negative body image can influence a child or young person in many different ways. This can include:

- Lower self-esteem
- Lower levels in confidence
- Increased anxiety
- Depression or low mood
- Social isolation or withdrawal
- Self-harming or restricted eating

Source: Mental Health Foundation



Did you know?

Research has shown that for young children, attitudes about body shape and size may start as early as three or four years old.

Source: Mental Health Foundation



POOR BODY IMAGE- SPOT THE SIGNS!

It is normal for children and young people to compare themselves to others, especially as they get older. However there are signs to be aware of which could indicate that they have an unhealthy view of their body, which is negatively affecting how they feel about themselves. This could include;

- Feeling overly worried about how they look.
- Wanting to cover up parts of their body.
- Not wanting to change for PE or take part.
- Refusing types of food because 'it makes me fat'.
- Changes in mood.
- Control of eating.
- Changes in their social functioning or interaction.

Source: Mentally Healthy Schools

MENTALLY HEALTHY SCHOOLS

For further information & support, visit the **Mentally Healthy schools** website [here!](#)

IF YOU'RE WORRIED, **YOUNGMINDS** HAS LOTS OF ADVICE **HERE!**

EATING DISORDERS

In some cases, a negative body image can lead to an eating disorder. Disordered eating can present in different ways;

- Severely limiting the amount of food eaten
- Eating very large quantities of food at once
- Making yourself sick after eating and/or by misusing laxatives
- Fasting
- Undertaking excessive exercise
- Or a combination of behaviours



Did you know?

More than a third of British teenagers (35%) have stopped eating at some point or restricted their diets due to worrying about their body image.

Source: Mental Health Foundation



ADVICE & SUPPORT

If you are concerned that your child may be showing signs that they have an eating disorder, there is lots of help and support available.

Key April dates

- World Autism Awareness day-8th
- Earth day- 22nd
- Stress Awareness month



The NHS has tips and advice, alongside helplines and services available to you for support [here](#)



The Beat Eating disorders has support and advice including Beat's learning platforms for those supporting a loved one with an eating disorder. Find out more [here](#)



YoungMinds have a series of real stories of young people that have recovered from Eating Disorders. Check them out [here](#)



LET'S GET SOCIAL

