

Super Starter

Monday 23rd February

Cedar Hub

SPRING 2 2026



Fab Finish

Week beginning:

23rd March

Curriculum Subject Learning

MORNINGS:

English/Reading/Phonics, Maths:

AFTERNOONS: Personal Development & Nurture Learning (Our Main Journey) + PE

This half term, our focus will be on building life skills and emotional wellbeing through: LEGO Therapy, ELSA sessions, Zones of Regulation, Emotional literacy and self-awareness, building independence, Teamwork and collaboration, Turn-taking and communication, Problem-solving, Resilience and perseverance, celebrating differences, Forest School experiences, making positive choices, developing friendships and belonging.

These sessions will support your child's social, emotional, and personal development alongside their academic learning.

Vocabulary

What new vocabulary can you help your child to learn and understand:



resilience



cooperation



regulation



independence



empathy



perseverance



reflection



collaboration



mindfulness

Resources and Ways, you can Support:



Times



Tables



BOOM



READER



phonics

Use Times Tables Rock Stars at least three times per week

Read three or more times a week and record in Boom Reader

Encourage independence at home.

Talk with your child about feelings using the Zones of Regulation

(<https://youtu.be/zZ9X-d3oZvQ>)

