

EYFS and Year 1 Long Term Plan



Cycle A

	Unit 1 Who am I? where do I belong?	Unit 2 What happens in the Night Sky	Unit 3 What happened 'Once Upon a Time...'	Unit 4 What makes animals amazing?	Unit 5 How does your garden grow?	Unit 6 What is it like where I live?
Understanding the World (Science)	The Human Body	Seasonal Changes Materials	Seasonal changes Winter	Seasonal Changes Spring Animals	Plants Sustainability	The Natural World Living Things and Their Habitats
Understanding the World (History/Geography)	Contrasting location A hot place - Africa		Famous People Astronauts	The World Continents and Oceans		Local history Maps of Shepshed
Understanding the World (RE)	Where do we belong?	Why is Christmas special to Christians?	Why does Easter matter to Christians?	Who is a Muslim and how do they live?		
PSED (PSHE) Penguins	Myself & My Relationships Beginning and Belonging		Citizenship Me and My World	Healthy and Safer Lifestyles Healthy Lifestyles	Myself & My Relationships My Emotions	Healthy & Safer Lifestyles My body and growing up
Expressive Arts and Design (Music)	Pulse	Rhythm	Pitch	Technology, Structure and Form		
Expressive Arts and Design (Art/DT)	Art - Painting the Savannah - collage	DT – sliders (space)	Art – collage streets	DT - Puppets	Art - Hands, feet and flowers – printing and drawing	3D Art/DT – Insect hotels
Computing	BeeBots – programming		iPads – using APPS e-safety		Laptops – mouse skills – click, drag, drop Creating digital content - drawing	
Gross Motor PE	Introduction to PE Fundamental Movement	Dance	Ball Skills	Fundamentals Invasion	Gymnastics Athletics	Games Striking and Fielding
Fine Motor	Build hand and wrist muscles		Develop effective grip of pencils and tools		Use one hand consistently for fine motor tasks	

EYFS and Year 1 Long Term Plan

