

EYFS and Year 1 Long Term Plan - Cycle B



Subject	Unit 1 What is it like to be me?	Unit 2 What happens in Autumn?	Unit 3 What makes cold places cold?	Unit 4 What is a castle and what will I find there?	Unit 5 What will I find in the sea?	Unit 6 How have toys changed over time?
Understanding the World (Science)	FS: My body Y1: The Human Body	Seasonal changes Autumn	Seasonal changes Winter	FS: Natural World Y1: Plants and animals	Seasonal changes Spr/Sum Y1: Living things and their habitats	Materials
Understanding the World (History/Geography)	Family History – then/now		Contrasting location - a cold place		The UK and its seas	History of toys- timelines
Understanding the World (RE)	F6 What times/stories are special and why?	1.3 Why does Christmas matter to Christians?	F3 Why is Easter special to Christians?		1.2 Who do Christians say made the world? Include 1.9 How should we care for the world and for others, and why does it matter?	
PSED Penguins	Myself & My Relationships Beginning and Belonging		Citizenship Me and My World	Healthy and Safer Lifestyles Healthy Lifestyles	Myself & My Relationships My Emotions	Healthy & Safer Lifestyles My body and growing up
PSHE Koalas	Friends and Family	Working Together	Healthy Lifestyles	Rights and Responsibilities	Managing Change	RSE
Expressive Arts and Design (Music)	Pulse		Rhythm	Pitch		Technology, Structure and Form
Expressive Arts and Design (Art/DT)	Art - Self-portraits – drawing and in 3d (vegetable faces)	DT - Autumn Textiles	Art - Night time collage -wax resist	DT – building castles	Art – exploring watercolours	DT – Teddy Bear's Picnic
Computing	iPads – take and edit photos		iPads – programming e-Safety		Laptops – mouse skills – click, drag, drop Creating digital content - drawing	
Gross Motor PE	Introduction to PE Fundamental Movement	Dance	Ball Skills	Fundamentals Invasion	Gymnastics Athletics	Games Striking and Fielding
Fine Motor	Build hand and wrist muscles		Develop effective grip of pencils and tools		Use one hand consistently for fine motor tasks	