

# PE, School Sports and Physical Activity at Belvoirdale

Here at Belvoirdale we aim to inspire all children to develop a love of physical activity, enhance their skills and discover a talent by providing curricular and extra-curricular activities that are varied, exciting and novel. We are dedicated to ensuring healthy minds and bodies with the child's well-being at the forefront of our teaching and learning. We strive to instil the 'School Games Values' of teamwork, honesty, determination, self-belief, passion and respect.

## **Physical Education (PE)**

PE at Belvoirdale follows the National Curriculum and uses the scheme 'GetSet4PE'. This scheme is designed to not only improve the children's physical attributes but also enhance their thinking and social skills. In Foundation and KS1, the lessons are designed to improve the children's fundamental skills i.e catching, throwing, balance etc. Then by KS2, the lessons are linked to learning specific sports. The curriculum is exciting and vast and adapted each year depending on the interests of the children. Some of the sports in the PE curriculum this year include ultimate frisbee, handball, volleyball, badminton and basketball. All year groups have two sessions of PE each week. In Year 5/6, swimming lessons are provided for 2 out of the 3 school terms.

## **Sports Coach**

Belvoirdale are very lucky to employ Mr Taylor as their Sports Coach. In his role, he supports the delivery of curriculum PE lessons, provides training and advice to staff as well as running lunch time and after school activities.

## **Competitions and Awards**

### ***Inter-school (competition between local schools):***

Belvoirdale Primary School is a member of the *North West Leicestershire School Sports Partnership (NWLSSP)* which was formed in 2005 as part of the Government's plan to create 450 SSPs across England.

Belvoirdale Primary School has presently achieved the *Silver Games Mark* standard. This is a national award and recognises the level of participation and competitive activities that the school has undertaken in the school year. The School Games' aim is to put physical activity and competitive sport at the heart of schools and provide

more young people with the opportunity to compete and achieve their personal best. Our aim is to achieve the Gold Award by providing opportunity of competition to as many of our pupils as possible.

***Intra-school (competition between classes within school):***

Within school, our aim is to create a buzz of excitement around competition. Each half term, the classes will compete against each other in a different selected sport. From the results, a leader board will be created – with the winning KS1 and KS2 classes lifting the Belvoirdale Cup at the end of the year. Some of the competition happening this year will include dodgeball, archery, football and hockey.

See below, current leader board

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2	Total Score
KS1	Golf Challenge: 1 <sup>st</sup> Palm 2 <sup>nd</sup> Oak 3 <sup>rd</sup> Cherry	Boccia:	New Age Kurling:	Dodgeball:	Football:	Athletics:	Palm = 3 Oak = 2 Cherry = 1
KS2	Golf Challenge: 1 <sup>st</sup> : Juniper 2 <sup>nd</sup> Hazel	Archery:	Basketball:	Dodgeball:	Football:	Athletics:	Juniper =6 Hazel = 5 = 4 = 3 = 2 = 1

In the summer term, we are hoping to once again invite parents and carers back into school for our Sports Days.

**Year 6 Play Leaders**

Each year, we select some responsible Year 6 children to complete the ‘Play Leader’ course (ran by NWLSSP). Upon completion of the course, these children then organise and engage other children in lunch time games and activities.

## Sports Ambassadors

Every class in school will select a Sports Ambassador. The Sports Ambassador is a child that constantly demonstrates the School Games Values of 'passion, respect, honesty, teamwork, determination and self-belief.' It is their job to look for other children in their class showing these values during lunch times and PE lessons so they can be nominated for a weekly certificate.

## Sport Premium

The premium is designed to help children get an active start in life, supporting primary schools to improve the quality of their PE, physical activity/literacy, and sport provision so that pupils experience the benefits of regular exercise. This includes mental health and well-being as well as physical health and well-being. At Belvoirdale, PE and promoting a healthy way of life is an integral part of our own bespoke curriculum. Our school receives £16,000 plus £10 per pupil in Y1-6. For a breakdown of how we spend our grant, please click on the Sports Premium' link in admin section of website.

