

NDA Curriculum Sequencing Map 2021-22: PE & Sport

Half Term 1							
PE & Sport	week 1	week 2	week 3	week 4	week 5	week 6	week 7
Year 7	Invasion Games - Facility & Staff Directed - Rugby / Football / Netball / Basketball / Handball						
Year 8							
Year 9							
Year 10							
Year 11	Principles of Training						
Year 10 BTEC							
Year 11 BTEC							

Half Term 2							
PE & Sport	Week 1	week 2	week 3	week 4	week 5	week 6	week 7
Year 7	Fitness & Components						
Year 8							
Year 9							
Year 10							
Year 11	Facility & Staff Directed	Badminton	Table Tennis	Fitness	Boxing		
Year 10 BTEC	Principles of Training						
Year 11 BTEC	Skills & Qualities of a Coach						

Half Term 3							
PE & Sport	week 1 (half week)	week 2	week 3	week 4	week 5	week 6	week 7
Year 7	Facility & Staff Directed		QAA	Dance	Table Tennis	Boxing	
Year 8							
Year 9							
Year 10							
Year 11	Facility & Staff Directed	Badminton	Table Tennis	Fitness	Boxing		
Year 10 BTEC	Nutrition/Psychology						
Year 11 BTEC	Lesson Planning & Delivery						

Half Term 4						
PE & Sport	week 1	week 2	week 3	week 4	week 5	week 6
Year 7	Facility & Staff Directed		QAA	Dance	Table Tennis	Boxing
Year 8						
Year 9						
Year 10						
Year 11	Facility & Staff Directed	Badminton	Table Tennis	Fitness	Boxing	
Year 10 BTEC	Exam Focus - Training/Nutrition & Psych alongside Coursework Focus - Body Injury & Technology					
Year 11 BTEC	Lesson Delivery & Delivery Evaluation					

Half Term 5					
PE & Sport	week 1	week 2	week 3	week 4	week 5
Year 7	Striking & Fielding Activities - Cricket/Rounders				
Year 8					
Year 9					
Year 10					
Year 11					
Year 10 BTEC					

Half Term 6														
PE & Sport	week 1	week 2	week 3	week 4	week 5	week 6	week 7							
Year 7	Athletics													
Year 8														
Year 9														
Year 10														
Year 11								Games	Tennis					
Year 10 BTEC								Coursework Focus - Body Injury & Technology						

Key

	Games		Net & Wall		Dance
	Fitness		Outdoor Education		Athletics

	Striking and Fielding		Year 10 BTEC Content
			Year 11 BTEC Content