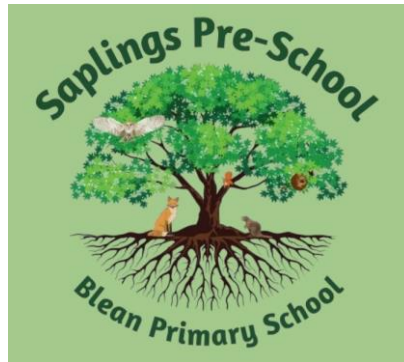


Saplings Curriculum Overview Term 1 2026



Dear Parents and Carers,
Please have a look at the Pre-School's
curriculum for the coming term.

Our focus will be

"I WONDER HOW IT FEELS?"

Key Vocabulary

happy
sad
worried
feelings
friends
sound
listen
more than
fewer than

This term we will be settling into Pre-School. Some of us returning after the Summer holidays and others for the first time. We will be exploring the environment while accessing our 'Root Learning' opportunities both inside and outside.

Here are some of the learning activities we will be doing in different areas of the early year's curriculum.

Personal, Social and Emotional Development

We will be starting our whole school PSHE JIGSAW learning. Our theme this term will be 'Being Me in My World'. This will incorporate looking at the question 'Who am I and how do I fit?', which will mean we will look at our families and school and learn how unique we all are. We will also introduce the 'Zones of Regulation', which is a way of us learning how to understand different feelings.

Communication and Language

We will be learning how to be confident to ask for our needs to be met. We will also learn how to talk in small circle times and how to take turns to talk and listen to others.

Physical Development

We will be accessing both fine motor and gross motor activities. These will include early cutting skills, threading, puzzles and using tongs and tweezers. We will also use various small equipment such as large balls and hoops outside.

Literacy

We will learn Phase 1 phonics which includes; learning to listen and distinguish different environmental sounds and learning how to clap syllables. We will also be accessing lots of mark making opportunities inside and outside including chalking, drawing, letter patterns and painting

Mathematics

In Maths we will be learning 'more than' and 'fewer than' and 'same' to compare amounts of objects. We will also be exploring and building with shapes and objects and hearing and saying early number names.

Expressive Arts and Design:

We will be exploring different media through painting, collage and dough. We will create our faces using different techniques. We will also be learning lots of nursery rhymes and songs.

Understanding the World:

We will be talking about where we live and who we live with. We will talk about our families. We will explore different materials comparing textures and using descriptive words to describe them.

Please feel free to ask any of the Pre-School any questions about what your child has been doing. Look out for pictures on Tapestry too.