

Oxenwood Outdoor Education Centre, Marlborough RESIDENTIAL VISIT 22.-24.06.2022

Oxenwood RESIDENTIAL, 2022

Welcome Staff **Risk Assessment** Safety and Behaviour Medical Arrangements **Responsibility and Independence** Information about the centre **Any Questions?**

EXPERIENCE & ENTHUSIASM!

<u>Members of Staff</u> Mrs Barratt Mrs Crichard Mrs Barker Mr Crichard



27 children from Year 3 Cherry Class

RISK ASSESSMENT

- DfE and LA criteria followed
- Generic Risk Assessment by Oxenwood EC
- School Risk Assessment
- LGB and Trust Board awareness
- Insurance
- Regular daily risk assessments by centre

SAFETY & BEHAVIOUR

School Behaviour Policy applies.
Contract between parents and school.
Children abide by Centre rules.
Expectations will be high at all times.

MEDICAL ARRANGEMENTS

- Clearly label all medication and hand to Mrs Crichard
- Calpol/Paracetamol
- Asthma inhalers should be with the children at all times.

What is Oxenwood ?

Our site nestles in the heart of Wiltshire's, **North Wessex Downs Area of Outstanding Natural Beauty**, steeped in interesting history, geography and wildlife. Nearby we have excellent access to local places of interest such as the **Kennet and Avon Canal**, **Crofton Beam Engine** pumping station, **Wilton Windmill** and **Stonehenge**.

We have a small team of dedicated instructors who focus on groups learning and safety. Striving to provide an environment which helps young people to develop their core skills, **from building their self-esteem, to effective communication and recognising their individual personal strengths.**

Our activities are centred around **teamwork** and **communication**. Building **resilience** and giving young people the opportunity to set their own measurable goals and celebrate their **achievements**.

All of our outdoor education programmes are made bespoke to meet groups needs, learning objectives and outcomes. Our activities range from outdoor adventure to environmental and historical theme days, encompassing Leadership, PSHE History and Literacy topics.

A home away from home

Healthy eating contributes significantly to the lives of children and young people. At Oxenwood, we ensure your pupils receive three healthy, balanced meals a day. Ingredients are fresh and locally sourced giving each child all the energy they need to enjoy their action-packed adventure. All our guests get provided with their essential five-a-day.

Children will be staying in dorm rooms. There are 3 rooms for 6 children each and one big dorm which can sleep up to 20 children. There is a bathroom adjacent for night use; otherwise children will shower in separate shower blocks on the ground floor.

Adult dorms are situated next to the children's accommodation.

Understanding the Importance of Chores and Freetime.

Here at Oxenwood we believe that the boring mundane chores and duties of daily life can be a profound benefit to many young people. You may just find that these new found skills transfer over into other areas of a child's development; an opportunity to take responsibility can lead to increased self esteem, which in turn can lead to better team working, or better independent thinking and a thirst to better themselves, both academically as well as socially.

Please note that it is the groups' responsibility to serve meals and to wash up afterwards, any dishes, plates, cups etc used during mealtimes, and to put them away in the appropriate locations. Any dishes, pots and pans used during the cooking of the meals shall be the responsibility of the centres' catering staff to wash u_{p} .

A home away from home

Understanding the Importance of Chores and Freetime.

	Washing Up	Drying Up and Putting Away	Clearing Tables and Sweeping Up	Tidying the Drying Room
Meal One (evening meal day one)	Slugs	Spiders	Maggots	Worms
Meal Two (breakfast day two)	Worms	Slugs	Spiders	Maggots
Meal Three (evening meal day two)	Maggots	Worms	Slugs	Spiders
Meal Four (breakfast day three)	Spiders	Maggots	Worms	Slugs

Practical Arrangements

- Please drop off at Oxenwood at 9.30am Wednesday 22nd June
- Children should have a small rucksack containing: water bottle, lunch for day 1, sun cream, sun hat,
- Suitcase flat and with wheels are good!
- Pick up from Oxenwood at 2pm on Friday 24th June

SUGGESTED KIT LIST

Essential

- ü Strong boots or shoes/trainers for walking and outdoor use (new shoes should be broken in first)
- ü Indoor shoes/trainers or slippers
- ü Trousers, 2 pairs at least we recommend trousers over shorts due to the risk of stinging nettles and biting insects. Preferably sports or outdoor type trousers, not jeans.

ü T-Shirts

- ü Underwear and Socks enough for the duration of the visit plus a spare pair.
- ü Nightwear (pyjamas/nightdress)
- ü Warm jumpers/tops
- ü Warm coat/jacket/anorak
- ü Waterproof jacket/anorak (the centre has a limited number that may be borrowed)
- ü Sleeping bag and pillowcase
- ü Towel

ü Toiletries

- ü Packed Lunch from home for your first day of your visit, all other meals will be provided.
- ü Plastic reusable drinks container/bottle we recommend a one litre capacity bottle that can be refilled each day

Desirable

- ü Wellingtons (the centre has a limited number for loan)
- ü Your own cycle helmet and/or gloves if you have them (only if doing cycling activity)
- ü Small rucksack (the centre can provide these)
- ü Torch with batteries

<u>All clothing to be of a type that you are happy to get a bit dirty – please do not bring anything you</u> are worried about getting dirty or damaged – we accept no responsibility for any damage.

It is advisable that pupils keep one change of clothes dry and clean to wear inside the Centre and at least one change of clothes to wear outside whilst doing activities. (Note: Outdoor clothes can be dried overnight in the Centre's drying room, ready to wear the following day).

All items should be carefully labelled with the owner's name. It is suggested that anything of value, e.g. Ipods, jewellery, or expensive cameras or watches, not be brought to Oxenwood.

We kindly request that Students do not bring mobile phones to Oxenwood.

Proposed Programme

09:30 – 10:00 am Arrival at Centre, safety talk 10:30 – Activity Briefing – Secret Agent Training Split into two groups Group A – Cycle Skills Group B – Rifle Shooting 12:00 noon Lunch (packed Lunch from home) 12:30 Session Two Group A – Rifle Shooting Group B – Cycle Skills 15:00 – Orienteering (all together) 16:30 Bags to rooms settle in, fire drill. 17:00 Evening meal, Children's duties and free time 20:00 Night walk – Spooky Alley 21:30 Return to Centre and bed

Day Two

- 08:00am Breakfast and Children's duties
- 09:00am daily briefing in main hall
- Session one Obstacle Course
- 10:00 Climbing Wall
- 11:30 Code Breaking
- 12:00 noon lunch provided by Oxenwood
- 12:30 Map work, plotting routes
- Mission briefing; Navigation Exercise
- 17:00 Evening meal and Children's duties
- 19:00 survival skills Shelter building and campfire skills
- 21:00 prepare for bed

Day Three

08:00 am Breakfast and Children's duties

Pack bags and clear dorms

10:00 am Outdoor Problem Solving

12:00 noon Lunch

Pick up from 13:30

























ANY QUESTIONS?

For regular updates visit us on Twitter @w_Woodborough (connection permitting)