



Every Child, Every Chance, Every Day

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**Headteacher: Mrs C Crompton**

Friday 15<sup>th</sup> January 2021

Dear Parents & Carers,

As we have just completed our second week of online learning, I wanted to share with you some tips to make learning at home less stressful for parents.

Please remember school life is more than the teacher, it is the safe building, routines and the systems of communication. We do appreciate this is not easy to replicate in a home environment. There are many parents frustrated and distressed about their child's attitude to learning online or their approach to completing tasks.

As a staff we are here to help and support you. You are not alone.

If you are struggling please put a message in your child's Google Classroom to the teacher and they will contact you. If you are having problems accessing the Google classroom, please contact the school office and someone with technical knowledge will get back to you as soon as possible.

We do have a limited number of laptops, so if you are in a multiple child household or your devices break, please do contact the office and we will arrange for you to collect one or in some cases we can drop one at your house.

For those parents who have requested just paper based learning; can we strongly encourage you to get your child online as we are experiencing large delays with the postal system.

Top tips to reduce stress with learning at home

1. Try to set rules and goals, eg. No treats until work is completed for the day.
2. Repeat the same routines each day, eg. Sit in the same place, start at the same time, limit lengths of worktime and include multiple breaks
3. Ask your child to organise their learning first, eg. Get table, pencils ready first before they open their Google classroom
4. Encourage your child to self regulate and to have patience, eg. if they get frustrated, to try again. Easy work isn't always the best learning
5. The teacher is there for instruction and motivation, so ask your child to talk to the teacher if they do not understand or are finding the work difficult
6. Relationships are important, encourage your child to write in the comments boxes to encourage one another of their classmates
7. Try and stay positive, teachers study for four years to be able to do the job you are trying to do with only a few days notice. Parents celebrate the successes and let us know, send them via the WEDUC app or the school email address [info@calverton.newham.sch.uk](mailto:info@calverton.newham.sch.uk)

As a school we want the very best for every child and if we can help in any way, please contact your child's class teacher or text or phone the school office and someone will get back to you.

Stay safe.

Yours faithfully,

Mrs Crompton  
Headteacher

